**Ustawi App Overview**

Ustawi is a straightforward digital storage solution designed to help caregivers and elderly individuals manage health-related information. It securely organizes vital data such as biometrics, medication schedules, and mood tracking while offering an integrated AI chatbot for reminders and guidance.

**Key Features**

1. **Secure Biometric Storage**  
   Users can log and track vital signs like blood pressure, heart rate, blood sugar levels, and weight. Simple graphs and historical data views help monitor trends over time.
2. **Medication Schedule**  
   Features easy-to-set reminders with dosage details, tracks medication intake for adherence, and allows caregivers to receive notifications about missed doses.
3. **Mood Tracker**  
   Enables users to log daily moods and symptoms via emoji-based or text-based entries. Provides trend analysis to identify mood patterns.
4. **AI Chatbot for Assistance**  
   Offers medication and appointment reminders, answers basic health-related questions based on stored data, and provides empathetic conversation to reduce loneliness.

**Design Philosophy**

* **Minimalist & Easy to Use:** Designed with seniors in mind, featuring large buttons, simple navigation, and voice input options.
* **Data Security:** Ensures private health information is encrypted and accessible only to authorized users.
* **Caregiver Integration:** Allows family members or healthcare providers to access and monitor relevant data with permission.

**Conclusion**

Ustawi is a simple yet effective tool for elderly care management. By consolidating vital health data, offering reminders, and providing supportive conversation, it serves as a reliable solution for seniors and caregivers seeking an uncomplicated digital health tool.